

SHOW NOTES — TODD UTERSTAEDT

TOP 25 FOUNDING CEO MENTAL BARRIERS TO DELEGATION

Website: From Founder to CEO — www.fromfoundertoceo.com



50TH EPISODE OF FROM FOUNDER TO CEO PODCAST!!

These are the Top 25 Mental Barriers that my colleagues and I believe plague you as your company grows and the need to delegate takes on more importance.

Place a check next to the one (s) that you honestly believe apply to you. And, if you would like some tips on how to overcome these mental barriers, I invite you to send me a message on the “Contact” page of our website, send me a tweet [@FromFounder2CEO](https://twitter.com/FromFounder2CEO) or send me a message on [LinkedIn](#).

1. We can't afford to **let this get screwed up.**
2. Nobody can **do it like me.**
3. It's just easier for me to **go ahead and do it.**
4. **What will people think** I am actually doing?
5. Going from doing everything to being the leader is **suddenly overwhelming me.**
6. Will they **think I am lazy?**
7. Will they think **I'm not a team player?**
8. I'll just do it **this one time.**
9. XYZ person or people are just **not ready to handle this yet.**
10. XYZ person just **can't handle this.**
11. Hire slow, fire fast. **I don't have the (right) people to delegate to.**
12. But, **I'm action oriented** and its real tough for me to switch from doing things myself to **spending time thinking and strategizing.**
13. I am emotionally attached and **it is hard to "just let go."**
14. But, I founded the company and it's hard to let others touch and work on the things that **I created and developed.**
15. I know I should delegate, but I just **don't know what it looks like in practice.**
16. I don't need to delegate because **our company is different.**
17. Delegating will **take away my/our flexibility.**
18. But, delegating will take so much more time to explain and train...**it will take less time for me to just do it.**
19. But, **I like doing all the things I know how to do.**
20. Ok, but **how do I get started?**
21. What will I do after I delegate, **how will I spend my time?**
22. But, I'm the one responsible....**it's my money.**
23. But, **I am answerable to our investors.**
24. But, how do I know that what I delegate will **get done and get done correctly?**
25. Can't people just figure these things out themselves? **I did it that way.**

